

## Character Trait for February 5-9 is Endurance

Philippians 1:9-10, "And this is my prayer: that your love may abound more and more in knowledge and depth of insight, so that you may be able to discern what is best and may be pure and blameless for the day of Christ"

**Character:** the qualities built into an individual's life that determine their responses, regardless of circumstances.

**Endurance:** The inward strength to withstand stress and do my best.

**Derivation: Endurance**-the fact or power of enduring an unpleasant or difficult process or situation without giving way. From the Latin verb meaning "to hold out".

**Weekly Verse:** Romans 5:3,4—"We can rejoice, too, when we run into problems and trials, for we know that they help us develop endurance. And endurance develops strength of character, and character strengthens our confident hope of salvation."

**Bible Story:** Job 1 and 2. Job is the example in the Bible of enduring suffering without sinning.

**Quote:** "Endurance is patience concentrated."

### Application:

The primary Latin root of endure is durare, which means "to harden; to hold out; to make last". To create the word Endurance, the Latin durare was coupled with the Latin preposition for "in". Can you see how one definition of endurance is hardening from within?

### Idioms about Endurance

**He that would have eggs must endure the cackling of hens.** You must be willing to endure unpleasant, irritating things in order to get what you want.

**What can't be cured must be endured.** If you cannot do anything about a problem, you will have to live with it.

### Discussion Questions:

In the famous story, how does Cinderella demonstrate endurance?

What character trait is the opposite of endurance?